

INTERNATIONAL INSTITUTIONS

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GENERAL TRAVEL TIPS FOR SUCCESS

- Do not go off alone; always let a classmate or faculty member know where you are going.
- Do not wander through the streets at night without knowledge of the area.
- Review you host Country's laws and regulations before arriving.
- Do not expect everyone to speak english fluently.
- Be aware that things will happen that are out of your control, take things in stride and don't sweat the small stuff.
- Know how to interact with your classmates appropriately.

HOW TO BE A GOOD TOURIST/GUEST

- Know how to speak some of the language within the area
ex: hi, do you speak english; where is the bathroom etc..
- Learn about the areas of the city to avoid
- Research the institutions you are traveling to, know the mission statements and what they do
- Do not bring things that you are not prepared to lose
- Know where the Embassy is in every city you visit
- Get up on time and be punctual for all events

TIPS FOR DEN HAAG

- Den Haag is a relatively safe place but that does not mean that you can trust people on the street.
- There is a bike lane, they will run you over if you get in their way.
- You get a metrocard, use it and enjoy the area.
- Be open to exploring.
- Be polite to those you speak to.



THE HAGUE: MAY 10-12

Day 1:

- Tour of ICTY and the Peace Palace

Day 2:

- Visit to ICC and Welcome dinner

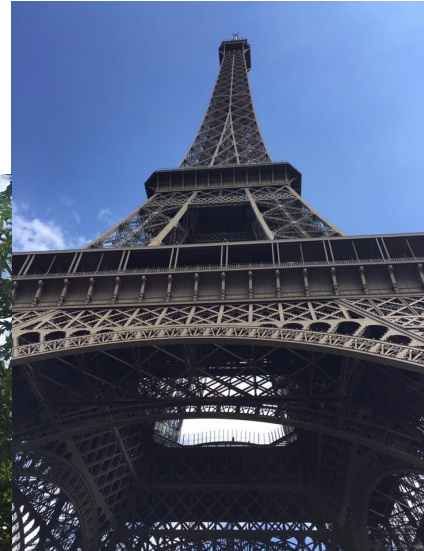
Day 3:

- Tour and info session at the Dutch Ministry of Foreign affairs



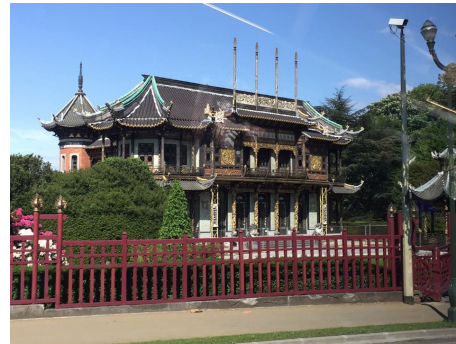
FREE WEEKEND TIPS AND TRICKS: MAY 13-14

- PLAN AHEAD!
- Research where you are going: how to get there, what to do when there, weather, public transportation
- Go with a group, do not go rogue
- Compromise is a major component of traveling



TIPS AND TRICKS FOR BRUSSELS

- This is a large tourist area, watch out for pickpockets, thieves and scams
- At night, travel with groups and stay with them
- Know your surroundings or take a map at all times
- Sleep at night, not during the briefings...each briefing has the potential to give you necessary information regarding your research paper



BRUSSELS: MAY 15-19

Day 6:

- US mission to the EU & EU Parliament

Day 7:

- Visit to NATO SHAPE in Mons, Belgium

Day 8:

- Visit to EC Central Library and Parliamentarium Role Playing Game



BRUSSELS: MAY 15-19 CONT.

Day 9:

- Presentation at the EU Commission and lecture by Professor Oraine

Day 10:

- Information session at the EU Council



PERSONAL RESPONSE

Ariel: The number one thing I will take away from the trip is that if I ever move to Europe, I'm moving to the Hague. This was my first trip to Europe and from now on, I will pack tennis shoes and shorts. Lastly, I loved Europe and the atmosphere, but I would prefer the trip to not be so compact. I definitely stepped outside my comfort zone and I appreciated every second of it.

PERSONAL RESPONSE

Andrew:

Don't be afraid to mingle with the locals. It is usually as interesting for them to meet with a foreigner as it is for you.

PERSONAL RESPONSE

Megan:

Never be afraid to go out of your comfort zone. Go and do things that you normally wouldn't do in the States...you just might learn something new about yourself. Take the time to really understand the institutions you are visiting, it will only add to your experience.

PERSONAL RESPONSE

Bailey:

Enjoy your time in new countries and cultures. Try your best to immerse yourself in the language and their customs if possible. Also, be prepared for the events that you attend with your school group. You will get a lot more out of them if you come with some sort of general knowledge and questions ready to go. Overall, be flexible, have fun, and take lots of pictures!

PERSONAL RESPONSE

John:

Things are going to happen, things are going to go wrong for one reason or another. Don't let this get you down on the trip, roll with the punches and enjoy this once in a lifetime opportunity.

PERSONAL RESPONSE

Kayla:

Europe was a once in lifetime experience and I am very grateful I had the opportunity to see and explore other cultures. I think the best advice I can give is to get comfortable with being uncomfortable and don't be afraid to ask questions and try to learn about the culture you are in. Overall the best thing to do in country you are not from is to respect the locals and try to step out of your comfort zone.

AT THE END OF THE DAY,

Europe is a fun and exciting place and this trip is an amazing experience. Enjoy this trip, but also understand that not everything will go as planned and if you prepare, you will be setting yourself up for success.

