Children’s Home of Northern Kentucky

Proposal for Sexually Reactive Treatment Program

Delta Pilots Charitable Fund
February 2005
Welcome to our Home

The Children’s Home of Northern Kentucky has been helping families and children within the Northern Kentucky community for over 120 years. Our main program provides boys, ages 7 to 17, with emotional, behavioral and social issues with clinical treatment and a home environment. We are now able to keep more children in their home area with the opening of our second facility, Maplewood, in Burlington.

Our programs include:
- Residential Treatment Program
- School-Based Programs
- Community-Based Services
- Adoption Home Studies
Our mission is to be a community leader providing children and families opportunity and hope for better lives.

Our vision is for every child to be safe, healthy and loved in a supportive, nurturing environment.

Our Values

- **Children & Families:** We place children and families at the center of all we do. We advocate for the safety, well-being and best quality of life possible for each child, family member and employee.

- **Creativity & Innovation:** We create an environment that nurtures independent thinking, free and open expression of ideas, and innovative approaches to achieve our goals.

- **Empowerment:** We encourage a learning environment that offers everyone an equal opportunity to grow, flourish, and contribute.

- **Uniqueness:** We respect, explore, and embrace individual and family differences and celebrate our common interests.

- **Integrity & Professionalism:** We maintain the highest moral and ethical standards by extending the same respect, cooperation, and caring that we expect from others.

- **Continuous Improvement:** We pursue the highest standards of excellence and embrace change as the road to new opportunities.

- **Community & Collaboration:** We strive to build a stronger community committed to these common values and principles. We share knowledge and encourage leadership within the Home, the social service environment and community we live in.
The Children’s Home is one of few residential treatment facilities in Kentucky that offers a program for children who are sexually reactive. These children have been sexually abused and are now sexually abusing others. Having no role models to guide them, this program helps these children learn to address their feelings of anger, power, and control issues. We help these children learn to develop healthy relationships that are built on trust and non-abusive behavior.

Nearly 30% of our clientele currently falls into this category. As part of our commitment to providing hope and opportunity to children for better lives, we are committed to offering the Sexual Reactive Treatment Program as part of our services to this increased population.

On our Covington campus, which offers 36 beds for children, we have between 8 to 17 boys who will qualify for this program at any given time.
Program Details

- Contracted clinical psychologist, Dr. Ed Connor, who completes assessment
- Consultant services with Dr. Connor for the clinical social workers who provide treatment to the identified sexually reactive resident
- Program consultations to address behavior management needs, and staff training
- Bi-monthly group therapy sessions with Dr. Connor for the identified residents
- At least 2 year completion time for program. A majority of this treatment is in a residential setting.
- Support group for direct care staff
Program Requirements

- Child offender assessment
- 3 hour bi-monthly sessions for group therapy, focusing specifically on sexual reactive treatment
- Electronic monitoring systems for residential cottages
- Room checks every 15 minutes throughout sleep hours
- Clinical staff members working with these residents must be certified through the Juvenile Sex Offender Counselor Certification Program or working toward certification.
- Supervisor training
- 1 hour weekly individual therapy
- 1 hour weekly of victimization group therapy
- 24 hour direct supervision of resident
- Modification of resident behavior point system
- Family therapy (at least 1 hour bi-weekly
- Staff monitoring behavior in public school setting
Benefits of the Program

- To help residents develop healthy, non-abusive coping strategies for stress and frustration
- To help residents develop into self-sufficient, non-abusive individuals
- To help residents develop sense of empathy and awareness of others' needs
- To prevent residents from continuing sexual offender/reactive behavior
- To prevent further victims
- To break the cycle of abuse
- To protect community
Some Goals of the Program

- Accepting responsibility for the offense
- Understanding the need for treatment
- Understanding the sexual deviancy cycle
- Breaking the cycle of sexual deviancy
- Understanding victimization
- Victim empathy
- Understanding power and control issues
- Developing positive sexual identity
- Understanding consequences
- Learning social skills
- Developing trust and relationships
Needed Items to Meet Program Requirements

- Additional staff needed to tend to Sexually Reactive residents
- Monitoring system for two of three cottages
- Additional staff training
- Additional assessment and time with Dr. Connor
- Juvenile Sex Offender Counselor Certification Program (JOCCP) training
- Development of parent support group for these residents
Budget based on needs to fund one year of program

CHNK currently budgets $60,000/year for the program.

Approx. 50 assessments/year

1 hour sessions, 26 sessions/year, 2 groups per day

Salary needed for Master Level staff; 1-2 per cottage

Two cottages in need of system

Approx. two social workers trained each year

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<tr>
<th>Resource</th>
<th>Budget</th>
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<td>Child Assessment</td>
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<td>Group Therapy Sessions</td>
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<td><strong>Total Annual Cost</strong></td>
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Key Personnel

- Two members of our staff are currently certified
- Several members of our clinical staff are completing the 6 month practicum period to finalize certification

Renae Butcher
Director
Residential Treatment
Certified

Anita Prater
Clinical Supervisor
Practicum

Joe Vetter
Clinical Social Worker
Practicum

Nicole Schild
Clinical Social Worker
Practicum

Stephanie Brock
Clinical Social Worker
Practicum

Lee Hardaway
Clinical Social Worker
Certified

Gayle West
Clinical Social Worker
Began Training 02/2005
We continue to look at data and make needed changes to the approach and staff handling of situations

- Monitoring of progress notes
- Monitoring of incident reports
- Treatment Plans
- Monthly meetings with Dr. Connor to assess progress
- Client interviews and surveys