# Global solution curves for first order periodic problems, with applications 

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#### Abstract

Using continuation methods and bifurcation theory, we study the exact multiplicity of periodic solutions, and the global solution structure, for periodic problems of first order. The results are applied to a population model with fishing, and to the existence and stability of limit cycles. We also describe in detail our numerical computations of curves of periodic solutions, and of limit cycles.


Key words: Periodic solutions, global solution curves, limit cycles, population models, numerical computations.

AMS subject classification: 34C25, 37G15, 92D25, 65P30.

## 1 Introduction

We study periodic first order equations

$$
\begin{equation*}
u^{\prime}+g(t, u)=f(t) . \tag{1.1}
\end{equation*}
$$

Here $g(t+T, u)=g(t, u)$, and $f(t+T)=f(t)$ for all $t \in R$, and we are searching for $T$-periodic solutions, $u(t+T)=u(t)$ for all $t$. Similarly to [5] and [6], we decompose $f(t)=\mu+e(t)$, with $\int_{0}^{T} e(t) d t=0$ and $\mu \in R$, and
$u(t)=\xi+U(t)$, with $\int_{0}^{T} U(t) d t=0$ and $\xi \in R$, and show the existence of a continuous curve of solutions $(u, \mu)(\xi)$, i.e., $u=u(t, \xi)$, and $\mu=\mu(\xi)$, under rather general assumptions on $g(t, u)$ and $f(t)$. This curve exhausts the set of all periodic solutions of (1.1). We refer to the continuous function $\mu=\mu(\xi)$ as the solution curve. To obtain $T$-periodic solutions of

$$
\begin{equation*}
u^{\prime}+g(t, u)=0 \tag{1.2}
\end{equation*}
$$

we study the curve of $T$-periodic solutions of $(\mu \in R)$

$$
\begin{equation*}
u^{\prime}+g(t, u)=\mu \tag{1.3}
\end{equation*}
$$

If the solution curve of $(1.3), \mu=\mu(\xi)$, has a root $\xi_{0}$, then the problem (1.2) has $T$-periodic solution of average $\xi_{0}$. We give some conditions under which $\mu=\mu(\xi)$ changes sign, and hence it has roots.

As a first application of the above solution curves, we re-derive two results of H. Brezis and L. Nirenberg [3] on the existence of periodic solutions of (1.2), providing a wider perspective on these results, and some extra information. (The paper [3] dealt with a more general setting of first order equations on a torus.) However, these results have rather stringent conditions, which tend not to hold in applications. We present further existence results for (1.2) by studying global properties of the solution curve of (1.3), and we also discuss stability properties of the corresponding $T$-periodic solutions of (1.2).

We apply our results to a periodic population model with fishing

$$
\begin{equation*}
u^{\prime}=u(a(t)-u)-\mu f(t) \tag{1.4}
\end{equation*}
$$

depending on a parameter $\mu>0$. Here $a(t)$ and $f(t)$ are given $T$-periodic functions, and we are looking for a $T$-periodic solution $u(t)>0$. We study the curves of $T$-periodic solutions of (1.4) as the parameter $\mu$ varies. It is known that $T$-period solutions of (1.4) lie on parabola-like curve with a turn to the left in the $(\mu,\|u\|)$ plane, see [1], [10], [11]. If $\mu_{0}$ is the turning point on the solution curve, then $\mu_{0} \int_{0}^{t} f(t) d t$ gives the maximal sustainable level of fishing. If one changes $f(t), \mu_{0}$ is changed too, and the natural question is: which $f(t)$ gives the largest maximal sustainable level of fishing. We prove that in case $a(t)$ is a constant, the optimal $f(t)$ is also a constant. For a general $a(t)$, the optimal $f(t)$ is not necessarily a constant, as our computations show. Based on our numerical experiments, we state two open problems.

Another application is to limit cycles, that are closed solutions of autonomous systems of the type

$$
\begin{gather*}
X^{\prime}(t)=F(X, Y)  \tag{1.5}\\
Y^{\prime}(t)=G(X, Y) .
\end{gather*}
$$

It is well known that each limit cycle contains at least one rest point, see e.g., S.H. Strogatz [14]. Let $\left(x_{0}, y_{0}\right)$ be a rest point of (1.5), so that $F\left(x_{0}, y_{0}\right)=$ $G\left(x_{0}, y_{0}\right)=0$. We wish to find a limit cycle, enclosing ( $x_{0}, y_{0}$ ). Setting $x=X-x_{0}$ and $y=Y-y_{0}$, and introducing the polar coordinates $(r, \theta)$ in the $x y$-plane, we obtain a problem of the type

$$
\begin{equation*}
r^{\prime}+g(\theta, r)=0, \tag{1.6}
\end{equation*}
$$

with $g(\theta+2 \pi, r)=g(\theta, r)$, and we are looking for a $2 \pi$-periodic solution $r=r(\theta)$. The existence results of [3] relied on a priori estimates. These estimates were obtained under the following two conditions: either $g_{r}(\theta, r)>$ 0 for all $\theta$ and $r$, or the problem (1.5) has an ordered sub and super solution pair. Both conditions are way too stringent for limit cycles. The term "a priori estimate" refers to estimating solutions, without knowledge of these solutions. If one attempts to get a priori estimates also without knowledge of the equation, one is led to impose very stringent conditions, as above. In our existence results we assume that a priori estimates hold, and then we derive such estimates for concrete systems by using trapping regions, or energy considerations. Our approach to limit cycles provides a straightforward alternative to the traditional one, based on the Poincare-Bendixson theorem, making it unnecessary to search for the trapping region in each particular case. Moreover, it unifies some diverse applications, and makes it convenient to handle multiple limit cycles.

We also present a detailed description of the numerical computation of the global solution curves, and of limit cycles. In particular, we compute limit cycles for the Van der Pol and Sel'kov's equations, and the bifurcation diagrams for periodic population models with "fishing".

## 2 The global solution curve

We begin with some preliminary results. The following lemma is well-known as Wirtinger's inequality. Its proof follows easily by using the complex Fourier series, and the orthogonality of the functions $\left\{e^{i \omega n t}\right\}$ on the interval $(0, T)$, see e.g., P. Korman [8].

Lemma 2.1 Assume that $f(t)$ is a continuously differentiable function of period $T$, and of zero average, i.e., $\int_{0}^{T} f(s) d s=0$. Then

$$
\int_{0}^{T} f^{\prime 2}(t) d t \geq \omega^{2} \int_{0}^{T} f^{2}(t) d t, \text { with } \omega=\frac{2 \pi}{T} .
$$

We shall need the following standard lemma, see e.g., [11], [8].
Lemma 2.2 Consider the equation

$$
z^{\prime}+a(t) z=0,
$$

with a given continuous T-periodic function a(t). This equation has a nonzero $T$-periodic solution if and only if $\int_{0}^{T} a(t) d t=0$.

The following lemma will be crucial for continuation of solutions.
Lemma 2.3 Let $a(t)$ be a given continuous $T$-periodic function, and $b \in R$ a constant. The differential equation

$$
\begin{equation*}
w^{\prime}+a(t) w=b \tag{2.1}
\end{equation*}
$$

does not have a $T$-periodic solution, $w(t)=w(t+T)$, satisfying

$$
\begin{equation*}
\int_{0}^{T} w(t) d t=0 \tag{2.2}
\end{equation*}
$$

unless $b=0$, in which case $w(t)=0$.
Proof: With $\nu(t)=e^{\int_{0}^{t} a(\tau) d \tau}>0$, the solution to (2.1) satisfying $w(0)=w_{0}$ can be written as

$$
w(t)=\frac{1}{\nu(t)}\left(b \int_{0}^{t} \nu(s) d s+w_{0}\right) .
$$

The periodicity condition $w(T)-w(0)=0$, and the requirement (2.2) lead to the following two equations

$$
\begin{aligned}
b \int_{0}^{T} \nu(s) d s+w_{0}(1-\nu(T)) & =0 \\
b \int_{0}^{T} \frac{\int_{0}^{t} \nu(s) d s}{\nu(t)} d t+w_{0} \int_{0}^{T} \frac{1}{\nu(t)} d t & =0
\end{aligned}
$$

The determinant of this linear system for $b$ and $w_{0}$ is

$$
D=\int_{0}^{T} \nu(s) d s \int_{0}^{T} \frac{d t}{\nu(t)} d t-\int_{0}^{T} \frac{\int_{0}^{t} \nu(s) d s}{\nu(t)} d t+\nu(T) \int_{0}^{T} \frac{\int_{0}^{t} \nu(s) d s}{\nu(t)} d t .
$$

Since $\nu(t)>0$ it follows that $\int_{0}^{t} \nu(s) d s<\int_{0}^{T} \nu(s) d s$ for $t<T$, and then the sum of the first two terms in $D$ is positive. This shows that $D>0$, and then the linear system has only the trivial solution: $b=0$ and $w_{0}=0$. $\diamond$

We shall denote by $C_{T}$ and $C_{T}^{1}$ the subspaces of $C(R)$ and $C^{1}(R)$ respectively, consisting of $T$-periodic functions. The next lemma represents the well-known Fredholm alternative. It can be proved by direct integration.

Lemma 2.4 Consider the equation

$$
\begin{equation*}
y^{\prime}+a(t) y=f(t), \tag{2.3}
\end{equation*}
$$

with $a(t), f(t) \in C_{T}$. If $\int_{0}^{T} a(t) d t \neq 0$, the equation (2.3) has a unique solution $y(t) \in C_{T}^{1}$, for any $f(t) \in C_{T}$. In case $\int_{0}^{T} a(t) d t=0$, the equation (2.3) has T-periodic solutions if and only if $\int_{0}^{T} f(t) u_{0}(t) d t=0$, where $u_{0}(t) \in C_{T}$ is any non-trivial solution of

$$
\begin{equation*}
u^{\prime}-a(t) u=0 . \tag{2.4}
\end{equation*}
$$

The number of T-periodic solutions of (2.3) is then infinite.
The following lemma will be used to continue solutions of fixed average.
Lemma 2.5 Let $a(t) \in C_{T}$. For any $\xi \in R$ and $e(t) \in C_{T}$, there exists $a$ pair $\left(\mu^{*}, z(t)\right)$, with $\mu^{*} \in R$ and $z(t) \in C_{T}^{1}$, solving

$$
\begin{gather*}
z^{\prime}+a(t) z=\mu^{*}+e(t)  \tag{2.5}\\
\frac{1}{T} \int_{0}^{T} z(t) d t=\xi .
\end{gather*}
$$

Proof: Case 1. $\int_{0}^{T} a(t) d t \neq 0$. Consider the operator $L: C_{T}^{1} \rightarrow C_{T}$ given by $L(z)=z^{\prime}+a(t) z$. By Lemma 2.4, $L^{-1}$ exists, and we can express the solution of the first equation in (2.5) as

$$
z=\mu^{*} L^{-1}(1)+L^{-1}(e(t)) .
$$

By Lemma 2.3, $\int_{0}^{T} L^{-1}(1) d t \neq 0$, and hence we can choose $\mu^{*}$ to satisfy the second equation in (2.5).

Case 2. $\int_{0}^{T} a(t) d t=0$. This time $L$ is not invertible. Let $u_{0}(t)>0$ be any non-trivial solution of (2.4). Choose $\mu^{*}$ so that $\int_{0}^{T}\left[\mu^{*}+e(t)\right] u_{0}(t) d t=0$. Then the first equation in (2.5) has infinitely many solutions of the form $z(t)=z_{0}(t)+c \bar{u}_{0}(t)$, where $z_{0}(t)$ is some fixed solution, and $\bar{u}_{0}(t)>0$ is any $T$-periodic solution of

$$
z^{\prime}+a(t) z=0 .
$$

Choose the constant $c$ so that the second equation in (2.5) is satisfied.

Lemma 2.6 Let $u(t) \in C_{T}^{1}$ be a solution of

$$
\begin{equation*}
u^{\prime}(t)=f(t, u) \quad \text { for all } t \in R, \tag{2.6}
\end{equation*}
$$

for some continuous $f(t, u)$, while $v(t) \in C_{T}^{1}$ is a sub (super) solution of (2.6), so that

$$
v^{\prime}(t)<f(t, v) \quad\left(v^{\prime}(t)>f(t, v)\right) \quad \text { for all } t \in R
$$

Then $u(t)$ and $v(t)$ do not intersect (and hence they are strictly ordered).
Proof: Assume that $v(t)$ is a super solution, and the other case is similar. If $t_{0}$ is a point of intersection of $u(t)$ and $v(t)$, then $v^{\prime}\left(t_{0}\right)>u^{\prime}\left(t_{0}\right)$. If the $T$-periodic functions $u(t)$ and $v(t)$ intersected, they would intersect at least twice, and at one of the intersection points we would have $v^{\prime}\left(t_{0}\right) \leq u^{\prime}\left(t_{0}\right)$, a contradiction.

Any $f(t) \in C_{T}$ can be written in the form $f(t)=\mu+e(t)$, where $\mu \in$ $R$, and $e(t) \in C_{T}$ satisfies $\int_{0}^{T} e(t) d t=0$. We now consider the following problem: find $u(t) \in C_{T}^{1}$ and $\mu \in R$ satisfying

$$
\begin{equation*}
u^{\prime}+g(t, u)=\mu+e(t), \quad u(t+T)=u(t) \text { for all } t \tag{2.7}
\end{equation*}
$$

Theorem 2.1 Assume that $g(t, u) \in C^{0,1}(R \times R)$ satisfies $g(t+T, u)=$ $g(t, u)$ for all $t$ and $u$, and $e(t) \in C_{T}$. Assume that either $g(t, u)=g(u)$, or there is a constant $c_{0}>0$ such that

$$
\begin{equation*}
|g(t, u)| \leq c_{0}, \quad \text { for all } t \in R, \text { and } u \in R . \tag{2.8}
\end{equation*}
$$

Then for any $\xi \in R$, one can find a unique solution pair $(u(t), \mu)$ of (2.7), with $\frac{1}{T} \int_{0}^{T} u(t) d t=\xi$. Moreover, the solution $u(t, \xi)$ is increasing in $\xi$.

Proof: Decompose $u(t)=\xi+U(t)$, with $\xi \in R$, and $\int_{0}^{T} U(t) d t=0$. Then $U(t)$ satisfies

$$
\begin{equation*}
U^{\prime}+g(t, \xi+U)=\mu+e(t), \quad U(t+T)=U(t) \text { for all } t \tag{2.9}
\end{equation*}
$$

We show next that $\max _{t}|U(t)|$ is bounded, uniformly in $\xi$ and $\mu$. Multiply (2.9) by $U^{\prime}(t)$ and integrate over $(0, T)$. Obtain

$$
\begin{equation*}
\int_{0}^{T} U^{\prime 2} d t+\int_{0}^{T} g(t, \xi+U) U^{\prime} d t=\int_{0}^{T} U^{\prime} e(t) d t \tag{2.10}
\end{equation*}
$$

If $g(t, u)=g(u)$, the second integral on the left vanishes by the periodicity of $U(t)$, and we get an estimate of $\int_{0}^{T} U^{\prime 2}(t) d t$. In case $g(t, \xi+U)$ is bounded, we estimate the second integral on the left by $\epsilon \int_{0}^{T} U^{\prime 2}(t) d t+c_{1}(\epsilon)$, choose $\epsilon$ small, and again obtain an estimate of $\int_{0}^{T} U^{\prime 2}(t) d t$. We then estimate $\int_{0}^{T} U^{2}(t) d t$ by Wirtinger's inequality, and conclude a bound on $\max |U(t)|$ by Sobolev's embedding.

We now embed (2.7) into a family of problems

$$
\begin{equation*}
u^{\prime}+k g(t, u)=\mu+e(t), \quad u(t+T)=u(t) \text { for all } t . \tag{2.11}
\end{equation*}
$$

depending on a parameter $k$, with $0 \leq k \leq 1$ ( $k=1$ corresponds to (2.7)). When $k=0$, and $\mu=0$, the problem has infinitely many solutions in $C_{T}^{1}$, so that for any $\xi^{0} \in R$ we can choose the unique solution $u_{0}(t)$ with $\frac{1}{T} \int_{0}^{T} u_{0}(t) d t=\xi^{0}$. We now continue in $k$ the solutions of

$$
\begin{gather*}
F(u, \mu, k) \equiv u^{\prime}+k g(t, u)-\mu-e(t)=0, \quad u(t+T)=u(t)  \tag{2.12}\\
\frac{1}{T} \int_{0}^{T} u(t) d t=\xi^{0},
\end{gather*}
$$

with the operator $F(u, \mu, k): C_{T}^{1} \times R \times R \rightarrow C_{T}$. We show next that the implicit function theorem applies, allowing us to continue the solution pair $(u, \mu)$ as a function of $k$. Compute the Frechet derivative (with $w \in C_{T}^{1}$ )

$$
\begin{gathered}
F_{(u, \mu)}(u, \mu, k)\left(w, \mu^{*}\right)=w^{\prime}+k g_{u}(t, u) w-\mu^{*}, \\
\int_{0}^{T} w(t) d t=0 .
\end{gathered}
$$

By Lemma 2.3, the map $F_{(u, \mu)}(u, \mu, k)\left(w, \mu^{*}\right)$ is injective, and by Lemma 2.5 this map is surjective. Hence, the implicit function theorem applies, and we have a solution curve $(u, \mu)(k)$. By the a priori estimate above, this curve continues for all $0 \leq k \leq 1$, and at $k=1$ we obtain a solution of the problem (2.7), with $\frac{1}{T} \int_{0}^{T} u(t) d t=\xi^{0}$.

Turning to the uniqueness part, let $(\bar{u}(t), \bar{\mu})$ be another solution of (2.7), with $\frac{1}{T} \int_{0}^{T} \bar{u}(t) d t=\xi^{0}$. Then $(\bar{u}(t), \bar{\mu})$ is a solution of $(2.11)$ at $k=1$. We continue this solution backward in $k$, until $k=0$, using the implicit function theorem. Integrating the equation, we conclude that $\mu=0$, when $k=0$. Then at $k=0, \mu=0$ we obtain a $T$-periodic solution of $u^{\prime}=e(t)$, which is different from $u_{0}(t)$ (since the solution curves do not intersect, by the uniqueness part of the implicit function theorem), a contradiction.

Next, we use the implicit function theorem to show that solutions of (2.7) can be continued in $\xi$, for all $\xi \in R$. Decomposing $u(t)=\xi+U(t)$ with $\int_{0}^{T} U(t) d t=0$, we see that $U(t)$ satisfies

$$
\begin{gathered}
F(U, \mu, \xi) \equiv U^{\prime}+k g(t, \xi+U)-\mu-e(t)=0, \quad U(t+T)=U(t) \\
\int_{0}^{T} U(t) d t=0,
\end{gathered}
$$

with the operator $F(U, \mu, \xi): C_{T}^{1} \times R \times R \rightarrow C_{T}$. Compute the Frechet derivative (with $w \in C_{T}^{1}$ )

$$
\begin{gathered}
F_{(U, \mu)}(U, \mu, k)\left(w, \mu^{*}\right)=w^{\prime}+k g_{u}(t, u) w-\mu^{*}, \\
\int_{0}^{T} w(t) d t=0 .
\end{gathered}
$$

As above, we see that the implicit function theorem applies, and we have a smooth solution curve $(u, \mu)(\xi)$ for the problem (2.7). By the a priori estimate above, this curve continues for all $\xi \in R$.

Finally, we prove the monotonicity of solutions. Let $\xi_{1}<\xi_{2}$ be arbitrary. Assume, first, that $\mu\left(\xi_{2}\right)=\mu\left(\xi_{1}\right)$. Then $u\left(t, \xi_{1}\right)$ and $u\left(t, \xi_{2}\right)$ are two solutions of the same equation, and they cannot intersect by uniqueness of the initial value problems. Since $u\left(t, \xi_{2}\right)$ has a greater average, it follows that $u\left(t, \xi_{2}\right)>$ $u\left(t, \xi_{1}\right)$ for all $t$. Assume next that $\mu\left(\xi_{2}\right)<\mu\left(\xi_{1}\right)\left(\mu\left(\xi_{2}\right)>\mu\left(\xi_{1}\right)\right)$. Then $u\left(t, \xi_{2}\right)$ is sub (super) solution for the equation that $u\left(t, \xi_{1}\right)$ satisfies. By Lemma 2.6, $u\left(t, \xi_{1}\right)$ and $u\left(t, \xi_{2}\right)$ are ordered, and hence $u\left(t, \xi_{2}\right)>u\left(t, \xi_{1}\right)$ for all $t$.

We now discuss the stability of $T$-periodic solutions of

$$
\begin{equation*}
u^{\prime}+g(t, u)=e(t), \tag{2.13}
\end{equation*}
$$

with $g(t, u)$ and $e(t)$ satisfying $\int_{0}^{T} e(t) d t=0$, and the conditions of the Theorem 2.1 above.

Theorem 2.2 Let $\mu=\mu(\xi)$ be the solution curve of (2.7). Assume that $\mu\left(\xi_{0}\right)=0$, so that (2.13) has a solution of the form $u_{0}(t)=\xi_{0}+U(t)$ with
$\int_{0}^{T} U(t) d t=0$. Assume that there is an interval $\left(\xi_{0}-\epsilon, \xi_{0}+\epsilon\right)$ so that $\mu(\xi)<0(\mu(\xi)>0)$ on $\left(\xi_{0}-\epsilon, \xi_{0}\right)$, and $\mu(\xi)>0(\mu(\xi)<0)$ on $\left(\xi_{0}, \xi_{0}+\epsilon\right)$, for some $\epsilon>0$. Then $u(t)$ is a stable (unstable) solution of (2.13).

Proof: Assume that the first set of inequalities holds, and the other case is similar. Take any $\xi_{1} \in\left(\xi_{0}-\epsilon, \xi_{0}\right)$, calculate $\mu_{1}=\mu\left(\xi_{1}\right)<0$, and the corresponding solution $u_{1}(t)$ of (2.7). Then

$$
\begin{equation*}
u_{1}^{\prime}+g\left(t, u_{1}\right)=\mu_{1}+e(t)<e(t) \tag{2.14}
\end{equation*}
$$

so that $u_{1}(t)$ is a sub solution of (2.13). By Lemma 2.6

$$
\begin{equation*}
u_{1}(t)<u_{0}(t) \text { for all } t . \tag{2.15}
\end{equation*}
$$

Thus we have a family of sub solutions below $u_{0}(t)$, and tending to $u_{0}(t)$. Similarly, we produce a family of super solutions above $u_{0}(t)$, and tending to $u_{0}(t)$. The stability of $u_{0}(t)$ is then well-known. (By Lemma 2.6, any solution of (2.13), lying below $u_{0}(t)$, at any point cuts above the subsolution $u_{1}(t)$, passing through the same point.)

## 3 Existence of $T$-periodic solutions

We apply the global solution curves to give alternative proofs of two results of H. Brezis and L. Nirenberg [3] on the existence of $T$-periodic solutions of

$$
\begin{equation*}
u^{\prime}+g(t, u)=0, u(t)=u(t+T) \quad \text { for all } t . \tag{3.1}
\end{equation*}
$$

Theorem 3.1 Assume that $g(t, u) \in C^{0,1}(R \times R)$ satisfies $g(t+T, u)=$ $g(t, u)$ for all $t$ and $u$. Assume the existence of constants $\underline{M}<\bar{M}$ such that

$$
\begin{equation*}
\int_{0}^{T} g(t, \underline{M}) d t<0, \quad \int_{0}^{T} g(t, \bar{M}) d t>0 \tag{3.2}
\end{equation*}
$$

Assume finally the existence of constants $M_{1}<M_{2}$ such that for all $t$

$$
\begin{align*}
& g(t, u)>g(t, \bar{M}) \text { for } u>M_{2}  \tag{3.3}\\
& g(t, u)<g(t, \underline{M}) \text { for } u<M_{1} .
\end{align*}
$$

Then the equation (3.1) has a T-periodic solution.

Proof: Step 1. A priori estimate. Write $g(t, \bar{M})=\xi-v^{\prime}(t)$, with $\int_{0}^{T} v(t) d t=0$, and $\xi>0$ by (3.2). Consider $u(t)-v(t)$. It satisfies

$$
\begin{equation*}
(u-v)^{\prime}+g(t, u)=-v^{\prime}=g(t, \bar{M})-\xi<g(t, \bar{M}) . \tag{3.4}
\end{equation*}
$$

Let $t_{0}$ be the point of maximum of $u-v$. At $t_{0}$

$$
\begin{equation*}
g\left(t_{0}, u\left(t_{0}\right)\right)<g\left(t_{0}, \bar{M}\right), \tag{3.5}
\end{equation*}
$$

so that $u\left(t_{0}\right)<M_{2}$ by (3.3). Then

$$
\begin{gathered}
u-v \leq \max (u-v)=u\left(t_{0}\right)-v\left(t_{0}\right)<M_{2}+\max |v|, \\
u<v+M_{2}+\max |v| \leq M_{2}+2 \max |v| .
\end{gathered}
$$

This gives an estimate of $u(t)$ from above. To get an estimate from below, write $g(t, \underline{M})=\eta+w^{\prime}$, with $\int_{0}^{T} w(t) d t=0$, and $\eta<0$ by (3.2). We have

$$
(u+w)^{\prime}+g(t, u)=w^{\prime}=g(t, \underline{M})-\eta>g(t, \underline{M}) .
$$

Let $t_{1}$ be the point of minimum of $u+w$. Then $g\left(t_{1}, u\left(t_{1}\right)\right)>g\left(t_{1}, \underline{M}\right)$, and $u\left(t_{1}\right)>M_{1}$ by (3.3). We conclude

$$
\begin{gathered}
u+w \geq \min (u+w)=u\left(t_{1}\right)+w\left(t_{1}\right)>M_{1}-\max |w|, \\
u>-w+M_{1}-\max |w| \geq M_{1}-2 \max |w| .
\end{gathered}
$$

Step 2. Modify $g(t, u)$ for $u$ outside of $[\underline{M}, \bar{M}]$ to be a bounded function, satisfying (3.3), and call it $\bar{g}(t, u)$. Clearly, $\bar{g}(t, u)$ satisfies (3.2) too. By above, any $T$-periodic solution of

$$
u^{\prime}+\bar{g}(t, u)=0
$$

satisfies the same a priori estimate as before, and hence it is a solution of (3.1). Therefore we may still work with (3.1), but assume that $g(t, u)$ is bounded.

Step 3. Embed (3.1) into a family of problems

$$
\begin{equation*}
u^{\prime}+g(t, u)=\mu, u(t)=u(t+T) \quad \text { for all } t \tag{3.6}
\end{equation*}
$$

depending on a parameter $\mu$. Decompose $u(t)=\xi+U(t)$, with $\xi \in R$ and $\int_{0}^{T} U(t) d t=0$. By Theorem 2.1 we have a continuous solution curve $\mu=\mu(\xi)$ for all $\xi \in(-\infty, \infty)$. Recall that $U(t)$ satisfies

$$
\begin{equation*}
U^{\prime}+g(t, \xi+U)=\mu, \int_{0}^{T} U(t) d t=0, U(t)=U(t+T) \tag{3.7}
\end{equation*}
$$

and $\max |U(t)|$ is bounded uniformly in $\xi$ and $\mu$.
Step 4. Integrate (3.7):

$$
\mu T=\int_{0}^{T} g(t, \xi+U(t)) d t
$$

For $\xi$ large, $\xi+U(t)>M_{2}$ for all $t$. Using (3.3), and then (3.2)

$$
\begin{equation*}
\mu T>\int_{0}^{T} g(t, \bar{M}) d t>0 \tag{3.8}
\end{equation*}
$$

so that $\mu>0$. Similarly, $\mu<0$ for $-\xi$ large. We conclude the existence of $\xi_{0}$ with $\mu\left(\xi_{0}\right)=0$, which gives a solution of (3.1).

## Remarks

1. Schauder's fixed point theorem was used in [3], and as mentioned in [3], this result can also be proved using super and sub solutions.
2. If $g(t, 0)=0$ for all $t$, and $g(t, u)$ is Lipschitz continuous in $u$, then either $u(t)>0$ or $u(t)<0$ for all $t$, by uniqueness for initial value problems.
3. The first condition (3.3) is rather restrictive. In particular, it does not apply to the Sel'kov system, considered below.
4. Our approach provides some extra information: there exists a curve $(\mu, u(t))(\xi)$ of $T$-periodic solutions of (3.6), and $\xi$ (the average value of $u(t))$ is the global parameter on this curve.

The following variation on this result is also due to H . Brezis and L . Nirenberg [3].

Theorem 3.2 Assume that $g(t, u) \in C^{0,1}(R \times R)$ satisfies $g(t+T, u)=$ $g(t, u)$, and the condition (3.2). Assume also that

$$
g_{u}(t, u)>0 \text { for all } t, u
$$

Then the equation (3.1) has a T-periodic solution.
Proof: The argument is almost the same. From (3.5), it follows that $u\left(t_{0}\right)<\bar{M}$, leading to the a priori estimate as above. As for the estimate $(3.8)$, once $\xi$ is so large that $\xi+U(t)>\bar{M}$, we have

$$
\mu T=\int_{0}^{T} g(t, \xi+U(t)) d t>\int_{0}^{T} g(t, \bar{M}) d t>0
$$

and the rest of the proof is the same.

## 4 A further existence result, and applications to limit cycles

We now change the notation, and consider the existence of $2 \pi$-periodic solutions of

$$
\begin{equation*}
\frac{d r}{d \theta}+g(\theta, r)=0 \tag{4.1}
\end{equation*}
$$

where $g(\theta, r)$ is $2 \pi$-periodic in $\theta$. It is known that any $2 \pi$-periodic solution of (4.1) is in fact a limit cycle, attracting the nearby solutions, see V.A. Pliss [12]. We shall assume that

$$
g(\theta, 0)=0, \text { for all } \theta \in[0,2 \pi),
$$

which is the case in applications to limit cycles. The last assumption implies that solutions of (4.1) do not change sign, and we shall search for solutions with $r(\theta)>0$ for all $\theta$. We now give a general result on the existence of a $2 \pi$-periodic solution of (4.1).

Theorem 4.1 Assume that $g(\theta, 0) \equiv 0$, and $g(\theta, r) \in C^{0,1}\left(\bar{R}_{+} \times[0,2 \pi]\right)$ satisfies $g(\theta+2 \pi, r)=g(\theta, r)$, for all $\theta$ and $r$. Assume that there a constant $M_{0}>0$, such that any positive $2 \pi$-periodic solution of (4.1) satisfies $0<$ $r(\theta)<M_{0}$. Assume that for some $p \geq 1$ the following limits exist, uniformly in $\theta$

$$
\begin{align*}
& \lim _{r \rightarrow 0} \frac{g(\theta, r)}{r}=a(\theta), \text { with } \int_{0}^{2 \pi} a(\theta) d \theta>0(<0),  \tag{4.2}\\
& \lim _{r \rightarrow \infty} \frac{g(\theta, r)}{r^{p}}=b(\theta), \text { with } \int_{0}^{2 \pi} b(\theta) d \theta<0(>0) \tag{4.3}
\end{align*}
$$

Then the equation (4.1) has a $2 \pi$-periodic solution $r(\theta)>0$.
Proof: Assume that the first set of inequalities holds in (4.2), (4.3), and the other case is similar. By modifying $g(\theta, r)$ for $r>M_{0}$, and for $r<0$, we may assume that this function is bounded, for all $\theta$ and $r$. We embed (4.1) into a family of problems

$$
\begin{equation*}
r^{\prime}+g(\theta, r)=\mu, \quad r(\theta+2 \pi)=r(\theta) . \tag{4.4}
\end{equation*}
$$

Decompose $r(\theta)=\xi+R(\theta)$, with $\int_{0}^{2 \pi} R(\theta) d \theta=0$. By Theorem 2.1, we have a solution curve $\mu=\mu(\xi)$, with $\xi \geq 0$, and $\mu(0)=0$. We wish to show that $\mu\left(\xi_{0}\right)=0$ for some $\xi_{0}>0$.

We claim that for any $\xi>0, r(\theta)>0$ for all $\theta$. In case $\mu=0, r(\theta)$ cannot change sign by the uniqueness theorem, and since its average is positive, $r(\theta)$
is positive. In case $|\mu|>0$, we see from the equation (4.4) that $r^{\prime}(\theta)$ has the same sign at all of its roots, which makes roots impossible. Again, $r(\theta)$ is positive, since its average $\xi$ is positive.

We show next that $\mu(\xi)>0$ for $\xi>0$ and small. Divide the equation (4.4) by $r(\theta)>0$, and integrate over ( $0,2 \pi$ ). By periodicity, $\int_{0}^{2 \pi} \frac{r^{\prime}}{r} d \theta=0$, and we have

$$
\int_{0}^{2 \pi} \frac{g(\theta, r(\theta))}{r(\theta)} d \theta=\mu \int_{0}^{2 \pi} \frac{1}{r(\theta)} d \theta
$$

By continuity, $r(\theta)$ is small when $\xi>0$ and small. Then $\mu>0$, in view of the condition (4.2). Similarly, dividing the equation (4.4) by $r^{p}(\theta)>0$, and integrating over $(0,2 \pi)$, we see that $\mu(\xi)>0$ for $\xi$ large. By continuity of $\mu(\xi)$, we conclude that $\mu\left(\xi_{0}\right)=0$ at some $\xi_{0}>0$.
Example This theorem provides the existence of positive $2 \pi$-periodic solution to the equation

$$
r^{\prime}+a(\theta) r+b(\theta) r^{p}=0
$$

with $p>1$, and $2 \pi$-periodic $a(\theta)$ and $b(\theta)$ such that $\int_{0}^{2 \pi} a(\theta) d \theta$ and $\int_{0}^{2 \pi} b(\theta) d \theta$ have opposite signs, provided there is an a priori bound on $2 \pi$-periodic solutions. An a priori bound will hold if, for example, $b(\theta)$ has no roots. Both Theorems 3.1 and 3.2 do not apply in case of sign-changing $a(\theta)$ and $b(\theta)$.

We now provide a version of the last result. Introduce the function ( $M$ is a real number)

$$
\varphi(M)=\int_{0}^{2 \pi} g(\theta, M) d \theta
$$

Then the conditions (4.2) and (4.3) can be replaced by $\varphi^{\prime}(0)>0(<0)$, and $\lim _{M \rightarrow \infty} \frac{\varphi(M)}{M^{p}}<0(>0)$ respectively. Indeed,

$$
\begin{gathered}
\int_{0}^{2 \pi} a(\theta) d \theta=\int_{0}^{2 \pi} \lim _{r \rightarrow 0} \frac{g(\theta, r)}{r} d \theta=\int_{0}^{2 \pi} g_{r}(\theta, 0) d \theta=\varphi^{\prime}(0), \\
\int_{0}^{2 \pi} b(\theta) d \theta=\int_{0}^{2 \pi} \lim _{r \rightarrow \infty} \frac{g(\theta, r)}{r^{p}} d \theta=\lim _{M \rightarrow \infty} \frac{\varphi(M)}{M^{p}} .
\end{gathered}
$$

We now turn to the limit cycles, which are closed solutions of autonomous systems of the type

$$
\begin{gather*}
X^{\prime}(t)=F(X, Y)  \tag{4.5}\\
Y^{\prime}(t)=G(X, Y) .
\end{gather*}
$$

It is well known that each limit cycle contains at least one rest point, see e.g., S.H. Strogatz [14]. Let ( $x_{0}, y_{0}$ ) be a rest point of (4.5), so that

$$
F\left(x_{0}, y_{0}\right)=G\left(x_{0}, y_{0}\right)=0 .
$$

We wish to find a limit cycle, enclosing $\left(x_{0}, y_{0}\right)$. Setting $x=X-x_{0}$ and $y=Y-y_{0}$, we obtain

$$
\begin{array}{r}
x^{\prime}(t)=F\left(x+x_{0}, y+y_{0}\right)  \tag{4.6}\\
y^{\prime}(t)=G\left(x+x_{0}, y+y_{0}\right),
\end{array}
$$

with the rest point at the origin $(0,0)$. We then switch to polar coordinates in the $(x, y)$ plane, given by $x=r \cos \theta$ and $y=r \sin \theta$. We obtain

$$
\begin{equation*}
\frac{d r}{d t}=\frac{x F\left(x+x_{0}, y+y_{0}\right)+y G\left(x+x_{0}, y+y_{0}\right)}{\sqrt{x^{2}+y^{2}}}, \tag{4.7}
\end{equation*}
$$

and

$$
\frac{d \theta}{d t}=\frac{\frac{d y}{d t} x-\frac{d x}{d t} y}{x^{2}+y^{2}}=\frac{x G\left(x+x_{0}, y+y_{0}\right)-y F\left(x+x_{0}, y+y_{0}\right)}{x^{2}+y^{2}} .
$$

Using that $\frac{d r}{d t}=\frac{d r}{d \theta} \frac{d \theta}{d t}$, and defining

$$
h(x, y)=\frac{x F\left(x+x_{0}, y+y_{0}\right)+y G\left(x+x_{0}, y+y_{0}\right)}{x G\left(x+x_{0}, y+y_{0}\right)-y F\left(x+x_{0}, y+y_{0}\right)} \sqrt{x^{2}+y^{2}},
$$

and

$$
\begin{equation*}
g(\theta, r)=-h(r \cos \theta, r \sin \theta), \tag{4.8}
\end{equation*}
$$

we obtain from (4.7)

$$
\frac{d r}{d \theta}+g(\theta, r)=0
$$

This is a particular case of the equation (4.1), where $g(\theta, r)$ is given by (4.8). Clearly, $g(\theta, 0)=0$, and $g(\theta, r)$ has period $2 \pi$ in $\theta$. We study the existence of a $2 \pi$-periodic solution $r(\theta)$ of that equation, which corresponds to a limit cycle enclosing $\left(x_{0}, y_{0}\right)$, that is a graph of a polar curve around $\left(x_{0}, y_{0}\right)$. Observe that the function $g(\theta, r)$ is singular, i.e., it assumes infinite values at some finite $\theta$ and $r$. Singular problems occur often in applications, see the recent book of P.J. Torres [15] for a nice review, or P. Korman [7].

Example We consider next the classical Van der Pol equation

$$
\begin{equation*}
x^{\prime \prime}+\left(x^{2}-1\right) x^{\prime}+x=0 . \tag{4.9}
\end{equation*}
$$

Setting $x^{\prime}=y$, we transform it to the system (4.5), where $F(x, y)=y$, $G(x, y)=-\left(x^{2}-1\right) y-x$, with the rest point $x_{0}=y_{0}=0$. To get an a priori bound from above for any limit cycle of the equation (4.9), one can consider the energy, which is decreasing for $|x|>1$. We search for a limit cycle, which is a polar curve in the $(x, y)$ plane, so that $r=r(\theta)$ satisfies (4.1), with the function in (4.8) given by

$$
\begin{equation*}
g(\theta, r)=\frac{2 r(1-\cos 2 \theta)\left(2-r^{2}(1+\cos 2 \theta)\right)}{8-2\left(2-r^{2}\right) \sin 2 \theta+r^{2} \sin 4 \theta} \tag{4.10}
\end{equation*}
$$

To find a $2 \pi$-periodic solution of (4.1), we compute the curve $\mu=\mu(\xi)$ of $2 \pi$-periodic solutions of (4.4), and the result is presented in Figure 1a. One sees that for a $\xi_{0}$ slightly over $2, \mu\left(\xi_{0}\right)=0$, corresponding to a limit cycle of the Van der Pol equation. (The value of $\xi_{0}$ gives the average of $r(\theta)$.) We confirmed by a direct integration that the solution $r=r(\theta)$ at $\mu=0$ is identical to the limit cycle of the Van der Pol equation.

However, the function $g(\theta, r)$ is unbounded when the denominator in (4.10) is zero. Therefore, the $2 \pi$-periodic solutions of (4.4) will be restricted to the domain defined by $8-2\left(2-r^{2}\right) \sin 2 \theta+r^{2} \sin 4 \theta=0$, which is displayed in Figure 1b together with a solution $r(\theta)$ for $\xi=2.2$. With increasing $\xi$ the solutions come even closer to the boundary of this domain and the periodic solutions cease to exist for $\xi>\xi_{1}$ with $\xi_{1} \in(2.2,2.3)$. It also means that the curve $\mu(\xi)$ can't be continued past $\xi_{1}$.
Example To model oscillations connected to glycolysis (the process of cells breaking down sugar to obtain energy) the following model was proposed by E.E. Sel'kov [13], see S.H. Strogatz [14] for a nice presentation,

$$
\begin{gather*}
x^{\prime}=-x+a y+x^{2} y  \tag{4.11}\\
y^{\prime}=b-a y-x^{2} y .
\end{gather*}
$$

Here $a$ and $b$ are positive parameters. The unknown functions $x(t)$ and $y(t)$ represent some biological quantities, and are also assumed to be positive.

One checks that the only rest point is at $x_{0}=b, y_{0}=\frac{b}{a+b^{2}}$. It is known that there is a limit cycle around $\left(x_{0}, y_{0}\right)$, provided that the parameters $a$ and $b$ satisfy Sel'kov's condition

$$
\begin{equation*}
a^{2}+2 a b^{2}+a+b^{4}-b^{2}<0 . \tag{4.12}
\end{equation*}
$$

(This condition holds for small $b>0$, and even smaller $a>0$.) Next we derive an a priori bound from above for any $2 \pi$ periodic solution of the


Figure 1: a) The curve of $2 \pi$-periodic solutions of (4.4) for the Van der Pol equation. b) The domain for the $2 \pi$-periodic solutions, with a periodic solution with $\xi=2.2$
equation (4.1), which corresponds to (4.11). Since the limit cycle is around $\left(x_{0}>0, y_{0}>0\right)$, at least part of it must lie in the first quadrant. However, from the equations in (4.11), the limit cycle cannot exit the first quadrant, and hence it lies completely in the first quadrant. Adding the equations in (4.11), we get

$$
(x+y)^{\prime}=b-x,
$$

so that in the first quadrant all trajectories travel southwest if $x>b$. Also, $y^{\prime}<0$ for $y>\frac{b}{a}$. It follows that all trajectories in the first quadrant enter the trapping region bounded by the line $y=\frac{b}{a}$ for $0<x \leq b$, the line $x+y=b+\frac{b}{a}$ for $b<x<b+\frac{b}{a}$, and the coordinate axes. In particular, any limit cycle must lie in this region, so that $0<r(\theta)<M_{0}$ for some $M_{0}>0$.

Example We computed the curve $\mu=\mu(\xi)$ of $2 \pi$-periodic solutions for the problem (4.4) corresponding to (4.11), for the case of $a=0.08$ and $b=0.6$, satisfying the condition (4.12). The curve was similar to Figure 1, with $\mu(0.64) \approx 0$. The polar curve $r=r(\theta)$ centered at $\left(x_{0}, y_{0}\right)$ (computed at $\xi=0.64)$ is then the limit cycle for Sel'kov's system (4.11), and it is given in Figure 2. Again, we used a direct integration to confirm the validity of this limit cycle.


Figure 2: The limit cycle for Sel'kov's system (4.11)

However, our computations for Sel'kov's system reveal the limitations of our approach, involving polar curves around $\left(x_{0}, y_{0}\right)$ : for some $(a, b)$, satisfying the condition (4.12), the solution curve $\mu=\mu(\xi)$ blows up, before reaching its first root (e.g., for $a=0.001, b=0.3$ ).

A challenging example is presented by a predator-prey system with the Holling type II functional response, see S.-B. Hsu and J. Shi [4],

$$
\begin{equation*}
\frac{d x}{d t}=x(1-x)-\frac{m x y}{a+x}, \frac{d y}{d t}=-d v+\frac{m x y}{a+x} . \tag{4.13}
\end{equation*}
$$

We computed the curve $\mu=\mu(\xi)$ of $2 \pi$-periodic solutions for the problem (4.4) corresponding to (4.13), for the parameter values $a=0.5, m=1$, and $d=0.1$. This time $\mu(\xi)<0$ for small $\xi>0$, and the first root of $\mu(\xi)$ occurs at $\xi_{0} \approx 0.345$. Our computations indicate that $\mu\left(\xi_{0}\right)=\mu^{\prime}\left(\xi_{0}\right)=0$, and that the curve $\mu=\mu(\xi)$ blows up soon after $\xi_{0}$. The solution curve for the corresponding equation (4.4), as well as the limit cycle of (4.13), involving a sharp transition, are given in Figure 3.

A similar approach allows one to compute multiple limit cycles. For a modified Van der Pol equation

$$
\begin{equation*}
x^{\prime \prime}+0.04\left(x^{2}-1\right)\left(9-x^{2}\right) x^{\prime}+x=0 \tag{4.14}
\end{equation*}
$$


(a)

(b)

Figure 3: a) The curve of $2 \pi$-periodic solutions for the problem (4.4) corresponding to (4.13) b) The limit cycle for the predator-prey system (4.13)
the energy is being pumped up for small $x$, dissipated at larger $x$, and pumped up again for large $x$. It is natural to expect the existence of a smaller stable limit cycle, and of larger unstable limit cycle. However, the solution curve $\mu=\mu(\xi)$ of the corresponding equation (4.4) blows up soon after its first root, with $|\mu| \rightarrow \infty$. We see from (4.7) and (4.8) that the blow up happens when $\frac{d \theta}{d t}$ approaches zero. Near the second (and any other) limit cycles we expect $\frac{d \theta}{d t}$ to stay away from zero, since otherwise the period of the limit cycle, $T=\int_{0}^{2 \pi} \frac{d t}{d \theta} d \theta$, would get large. Hence we need to "help" the solution curve $\mu=\mu(\xi)$ to get through a "rough spot", on its way toward its second root. Therefore we suggest approximating the corresponding equation (4.4) by

$$
\begin{equation*}
\frac{d r}{d \theta}+\frac{g(\theta, r)}{1+\epsilon g^{2 m}(\theta, r)}=\bar{\mu} \tag{4.15}
\end{equation*}
$$

with some integer $m \geq 1$, and small $\epsilon>0$. For sufficiently small $\epsilon$ the periodic solutions of (4.15) are close to those of (4.4). For the example (4.14) above we took $m=3$ and $\epsilon=0.0001$, and the solution curve of (4.15) is presented in Figure 4. As above, the roots of $\bar{\mu}(\xi)$ provided us with very accurate approximation of the limit cycles of the original equation (4.14), see Figure 5. We verified their accuracy by a direct integration (forward in time for the smaller stable cycle, and backward in time for the unstable larger one).


Figure 4: The curve of $2 \pi$-periodic solutions of (4.15)

Conclusions. Given that the autonomous system (4.5) has a rest point at $\left(x_{0}, y_{0}\right)$, we introduce polar coordinates with respect to $\left(x_{0}, y_{0}\right)$, and convert (4.5) to the periodic first order equation (4.1). Then we embed (4.1) into the family of equations (4.4). Since the functions $g(\theta, r)$ is often singular, we approximate the solutions of (4.4) by those of (4.15), for which we compute the global solution curve $\bar{\mu}=\bar{\mu}(\xi)$, where $\xi$ is the average of the solution $r(\theta)$ over $[0,2 \pi]$. Each root of $\bar{\mu}(\xi)$ provides us with a limit cycle of (4.5). This straightforward approach avoids the need to construct the trapping region for each particular system (4.5). Our approach raises an interesting open question. Suppose a limit cycle of (4.5) encloses just one rest point. Under what condition this limit cycle is star-shaped with respect to the rest point (so that it is a polar curve with respect to the rest point).

## 5 Numerical computation of solutions

To solve the periodic problem (with $g(t+T, u)=g(t, u)$, for all $t$ and $u$ )

$$
\begin{equation*}
u^{\prime}+g(t, u)=\mu+e(t), u(t)=u(t+T) \quad \text { for all } t \tag{5.1}
\end{equation*}
$$

we used continuation in $\xi$. (Recall that $u(t)=\xi+U(t)$, with $\int_{0}^{T} U(t) d t=0$.)

Step 1. We began by implementing the numerical solution of the following linear periodic problem: given the $T$-periodic functions $b(t)$ and $f(t)$, find the $T$-periodic solution of

$$
\begin{equation*}
L[y] \equiv y^{\prime}(t)+b(t) y=f(t), \quad y(t)=y(t+T) . \tag{5.2}
\end{equation*}
$$



Figure 5: The two limit cycles of (4.14)

The general solution of (5.2) can be written as

$$
y(t)=y_{1}(t)+c y_{2}(t),
$$

where $y_{1}(t)$ is the solution of

$$
y^{\prime}(t)+b(t) y=f(t), \quad y(0)=0,
$$

$y_{2}(t)$ is the solution of

$$
y^{\prime}(t)+b(t) y=0, \quad y(0)=1
$$

and $c$ is an arbitrary constant. We have $y(0)=c, y(T)=y_{1}(T)+c y_{2}(T)$, and setting $y(0)=y(T)$ gives $c=-\frac{y_{1}(T)}{y_{2}(T)-1}$, so that

$$
\begin{equation*}
y(t)=y_{1}(t)-\frac{y_{1}(T)}{y_{2}(T)-1} y_{2}(t) \tag{5.3}
\end{equation*}
$$

gives us the $T$-periodic solution of (5.2), or $L^{-1}[f(t)]$, where $L[y]$ denotes the left hand side of (5.2), subject to the periodic boundary condition. We used Mathematica's NDSolve command to compute $y_{1}(t)$ and $y_{2}(t)$.

A natural question is why we did not use the explicit formula available for the equation (5.2). To solve the nonlinear problem (5.1) we shall be
repeatedly solving the linear problem (5.2) with $b(t)$ and $f(t)$ given as interpolating functions (produced by Mathematica on the previous steps). The integrating factor $\nu(t)=e^{\int_{0}^{t} b(t) d t}$ will require computing a definite integral for each value of $t$, and then solving of (5.2) will require double integration, while computation of $y_{1}(t)$ and $y_{2}(t)$ can be compared to a single integration. The explicit formula appears to be a useless curiosity, as far as numerical computations go.

Step 2. Then we implemented the "linear solver", i.e., the numerical solution of the following problem: given the $T$-periodic functions $b(t)$ and $f(t)$, find the constant $\mu$, so that the problem

$$
\begin{equation*}
y^{\prime}+b(t) y=\mu+f(t), \int_{0}^{T} y(t) d t=0 \tag{5.4}
\end{equation*}
$$

has a $T$-periodic solution (of zero average), and compute that solution $y(t)$. The solution is

$$
y(t)=\mu L^{-1}[1]+L^{-1}[f(t)]
$$

with the constant $\mu$ chosen so that $\int_{0}^{T} y(t) d t=0$.
Step 3. Turning to the problem (5.1), we begin with an initial $\xi_{0}$, and using a step size $\Delta \xi$, we compute the solution $\left(\mu_{n}, u_{n}(t)\right)$ with the average of $u_{n}(t)$ equal to $\xi_{n}=\xi_{0}+n \Delta \xi, n=1,2, \ldots, n s t e p s$, in the form $u_{n}(t)=\xi_{n}+U_{n}(t)$, where $U_{n}(t)$ is the $T$-periodic solution of

$$
\begin{equation*}
U^{\prime}+g\left(t, \xi_{n}+U\right)=\mu+e(t), \int_{0}^{T} U(t) d t=0 \tag{5.5}
\end{equation*}
$$

and $\mu_{n}$ is the corresponding value of $\mu$. We use Newton's method to approximate the solution of (5.5) (i.e., $\left(\mu_{n}, U_{n}(t)\right)$ ) by constructing a sequence of approximations $\left\{V_{m}\right\}$ (with the corresponding values of $\mu$ ). We set $V_{0}=U_{n-1}(t)$, and with $V_{m}$ already computed, we linearize the equation (5.5) at $\xi_{n}+V_{m}(t)$, writing $g\left(t, \xi_{n}+U\right) \approx g\left(t, \xi_{n}+V_{m}\right)+g_{u}\left(t, \xi_{n}+V_{m}\right)\left(U-V_{m}\right)$, and call the linear solver to find the $T$-periodic solution of the problem (5.4) with $b(t)=g_{u}\left(t, \xi_{n}+V_{m}\right)$, and $f(t)=e(t)-g\left(t, \xi_{n}+V_{m}\right)+g_{u}\left(t, \xi_{n}+V_{m}\right) V_{m}$, obtaining an approximation of $V_{m}$ and of the corresponding $\mu$. We found that just four iterations of Newton's method $(1 \leq m \leq 4)$, coupled with a relatively small $\Delta \xi$ (e.g., $\Delta \xi=0.1$ ), were sufficient for accurate computation of the solution curves. Finally, we plot the points $\left(\xi_{n}, \mu_{n}\right)$ to obtain the solution curve.

We verified our numerical results by an independent calculation. Once a periodic solution $u(t)$ of (5.1) is computed at some $\mu$, we took its value
of $u(0)$, and computed numerically the solution of (5.1) at this $\mu$, with the initial value equal to $u(0)$ (using the NDSolve command), as well as the average of $u(t)$. We had a complete agreement (with $u(t)$ and $\xi$ ) for all $\mu$, and all equations that we tried.

For applications to fishing we need to solve the periodic problem (with $g(t+T, u)=g(t, u)$, for all $t$ and $u)$

$$
\begin{equation*}
u^{\prime}+g(t, u)=\mu j(t), u(t)=u(t+T) \quad \text { for all } t \tag{5.6}
\end{equation*}
$$

where $j(t)$ is $T$-periodic, and $j(t)<0$. Similarly to the above, we used continuation in $\xi$. The Step 1 is as above. The "linear solver" part is modified: given the $T$-periodic functions $b(t), j(t)$ and $f(t)$, find the constant $\mu$, so that the problem

$$
\begin{equation*}
y^{\prime}+b(t) y=\mu j(t)+f(t), \int_{0}^{T} y(t) d t=0 \tag{5.7}
\end{equation*}
$$

has a $T$-periodic solution, and compute that solution $y(t)$. The solution is

$$
y(t)=\mu L^{-1}[j(t)]+L^{-1}[f(t)]
$$

with the constant $\mu$ chosen so that $\int_{0}^{T} y(t) d t=0$.
To solve (5.6), we begin with an initial $\xi_{0}$, and using a step size $\Delta \xi$, we compute the solution $\left(\mu_{n}, u_{n}(t)\right)$ with the average of $u_{n}(t)$ equal to $\xi_{n}=$ $\xi_{0}+n \Delta \xi, n=1,2, \ldots, n s t e p s$, in the form $u_{n}(t)=\xi_{n}+U_{n}(t)$, where $U_{n}(t)$ is the $T$-periodic solution of

$$
\begin{equation*}
U^{\prime}+g\left(t, \xi_{n}+U\right)=\mu j(t), \int_{0}^{T} U(t) d t=0 \tag{5.8}
\end{equation*}
$$

and $\mu_{n}$ is the corresponding $\mu$. We use Newton's method to approximate the solution of (5.8), by constructing a sequence of approximations $\left\{V_{m}\right\}$. We set $V_{0}=U_{n-1}(t)$, and with $V_{m}$ already computed, we linearize the equation (5.5) at $\xi_{n}+V_{m}(t)$, writing $g\left(t, \xi_{n}+U\right) \approx g\left(t, \xi_{n}+V_{m}\right)+g_{u}\left(t, \xi_{n}+V_{m}\right)\left(U-V_{m}\right)$, and call the new linear solver to find the $T$-periodic solution of the problem (5.7) with $b(t)=g_{u}\left(t, \xi_{n}+V_{m}\right)$, and $f(t)=-g\left(t, \xi_{n}+V_{m}\right)+g_{u}\left(t, \xi_{n}+V_{m}\right) V_{m}$, obtaining an approximation of $V_{m}$ and the corresponding $\mu$. After around four steps of Newton's method, we obtain an accurate approximation of $\left(\mu_{n}, U_{n}(t)\right)$. Finally, we plot the points $\left(\xi_{n}, \mu_{n}\right)$ to obtain the solution curve.

## 6 Periodic population model with fishing

We begin with the logistic population model $(u=u(t)$ is the number of units of fish at time $t$ )

$$
u^{\prime}=u(a(t)-u)
$$

We assume that $a(t)$ is a continuous and $T$-periodic function, satisfying $\int_{0}^{T} a(t) d t>0$. By direct integration, it is easy to see that there is a unique $T$-periodic solution, which attracts all other positive solutions, as $t \rightarrow \infty$, see e.g., M.N. Nkashama [11], or P. Korman [8] (exact multiplicity results for more general polynomial models were given in P. Korman and T. Ouyang [9]). To model fishing, let $j(t)$ be a positive continuous $T$-periodic function, giving the number of units of fish taken at time $t$, and let the number $b>0$ give the decrease in the growth rate per one unit of fish taken, and denote $f(t)=b j(t)$. Then the model is

$$
u^{\prime}=u(a(t)-u)-f(t), \quad u(t+T)=u(t) \text { for all } t
$$

Let us now vary the intensity of fishing, and consider

$$
\begin{equation*}
u^{\prime}=u(a(t)-u)-\mu f(t), \quad u(t+T)=u(t) \text { for all } t \tag{6.1}
\end{equation*}
$$

depending on a parameter $\mu>0$.
The following result is well known see [1], [10], [11], and also [2]. We sketch the proof for completeness.

Proposition 1 Assume that $\int_{0}^{T} a(t) d t>0$, and $f(t)>0$. Then there is a critical $\mu_{0}>0$, so that the problem (6.1) has two exactly positive $T$-periodic solutions for $0<\mu<\mu_{0}$, exactly one positive $T$-periodic solution at $\mu=\mu_{0}$ and for $\mu<0$, and no T-periodic solution for $\mu>\mu_{0}$. (With the bifurcation diagram as in Figure 6. The case when $\mu<0$ can be interpreted as stocking of fish). Moreover, in case $\mu>\mu_{0}$, all solutions of (6.1) tend to $-\infty$, in finite time.

Proof: At $\mu=0$ the equation (6.1) has a unique $T$-periodic solution. We now continue $T$-periodic solutions for $\mu>0$. Clearly, $T$-periodic solutions remain positive. Indeed, assuming otherwise, we can find an interval $\left(t_{1}, t_{2}\right)$ on which $u(t)<0$ that $u\left(t_{1}\right)=u\left(t_{2}\right)=0$. From the equation (6.1), $u^{\prime}(t)<0$ on $\left(t_{1}, t_{2}\right)$, a contradiction. The continuation in $\mu$ cannot proceed indefinitely, because the right hand side of (6.1) becomes negative. There is at most two positive $T$-periodic solutions of (6.1), see e.g. p. 245 in [8]. $\diamond$

It follows from the Proposition 1 that for $\mu>\mu_{0}$ the fishing is not sustainable, while $\mu=\mu_{0}$ gives the maximal sustainable level of fishing. We call $\mu_{0} \int_{0}^{T} f(t) d t$ the maximal fishing take $\left(\frac{\mu_{0}}{T} \int_{0}^{T} j(t) d t\right.$ gives the maximal possible average number of fish, caught over one period). The problem is: find the fishing strategy $f(t)$ (or $j(t)$ ) to maximize the maximal fishing take $\mu_{0} \int_{0}^{T} f(t) d t$. For example, assume that the growth rate $a(t)$ has one point of minimum and one point of maximum, corresponding to summer and winter. What are good seasons for fishing?

In case $a(t)=a$ and $f(t)=1$ are constants, the $T$-periodic solutions of (6.1) are also constants. In that case $\mu_{0}=\frac{a^{2}}{4}$, and the maximal fishing take is then $\mu_{0} T=\frac{a^{2}}{4} T$.

Proposition 2 Assume that $a(t)=a$ is constant. Then the optimal fishing strategy is for $f(t)$ to be a constant too, i.e.,

$$
\begin{equation*}
\mu_{0} \int_{0}^{T} f(t) d t \leq \frac{a^{2}}{4} T \tag{6.2}
\end{equation*}
$$

Proof: Assume that $u_{0}(t)$ is the solution of (6.1) at $\mu_{0}$, i.e.,

$$
\begin{equation*}
u_{0}^{\prime}=a u_{0}-u_{0}^{2}-\mu_{0} f(t) . \tag{6.3}
\end{equation*}
$$

Since the solution curve does not continue in $\mu$ to the right of $\mu_{0}$, the implicit function theorem does not apply, and so the corresponding linearized equation

$$
w^{\prime}=\left(a-2 u_{0}\right) w
$$

has non-trivial $T$-periodic solutions. By Lemma 2.2, $\int_{0}^{T} u_{0}(t) d t=\frac{1}{2} a T$. We now integrate (6.3), to obtain

$$
\mu_{0} \int_{0}^{T} f(t) d t=\frac{1}{2} a^{2} T-\int_{0}^{T} u_{0}^{2}(t) d t \leq \frac{1}{2} a^{2} T-\frac{1}{T}\left(\int_{0}^{T} u_{0}(t) d t\right)^{2}=\frac{a^{2}}{4} T
$$

concluding the proof.
The inequality (6.2) can be generalized to any $T$-periodic $a(t)$. Indeed writing the equation (6.1) as

$$
u^{\prime}=-\left(u-\frac{1}{2} a(t)\right)^{2}+\frac{1}{4} a^{2}(t)-\mu f(t),
$$

and integrating, we conclude that for all $\mu$

$$
\begin{equation*}
\mu \int_{0}^{T} f(t) d t \leq \frac{1}{4} \int_{0}^{T} a^{2}(t) d t . \tag{6.4}
\end{equation*}
$$



Figure 6: The curve of 1-periodic solutions of (6.5)

Suppose that $a(t)$ is not a constant. Is it true that the optimal fishing strategy is still for $f(t)$ to be a constant? Our numerical experiments indicate that the answer is no, in general.

Example We computed the curve of 1-periodic solutions for

$$
\begin{equation*}
u^{\prime}=(1+0.4 \sin 2 \pi t) u-\mu(1+b \sin 2 \pi t), \tag{6.5}
\end{equation*}
$$

with $b=0.2$, see Figure 6. Here the maximal fishing take turned out to be $\mu_{0} \int_{0}^{1}(1+b \sin 2 \pi t) d t=\mu_{0} \approx 8.9955$. When we took $b=0$, the maximal fishing take decreased to $\approx 8.9818$. In Figure $6, \xi=\int_{0}^{1} u(t) d t$, and our computations were using the method developed in the preceding section.
Open Problem: Given $T$-periodic non-constant $a(t)$, find the optimal $T$ periodic $f(t)$, maximizing the maximal fishing take $\mu_{0} \int_{0}^{T} f(t) d t$.

Our numerical experiments suggest the following conjecture.
Conjecture: Decompose $a(t)=A+\alpha(t)$, with constant $A>0$ and $\int_{0}^{T} \alpha(t) d t=$ 0 . Then the maximal fishing take satisfies

$$
\begin{equation*}
\mu_{0} \int_{0}^{T} f(t) d t \leq \frac{A^{2}}{4} T \tag{6.6}
\end{equation*}
$$

Observe that $\frac{1}{4} \int_{0}^{T} a^{2}(t) d t=\frac{A^{2}}{4} T+\frac{1}{4} \int_{0}^{T} \alpha^{2}(t) d t$, so that the inequality (6.6) is significantly sharper than (6.4).

The inequality (6.6) implies that if the averages of $a(t)$ and $f(t)$ are fixed, the best fishing outcome occurs if $a(t)$ and $f(t)$ are constants.

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